# EVERYDAY FAVORS NEWSLETTER

# OCTOBER 2022

## "WE ALL WE GOT"

## -MARLA BAUTISTA



Welcome back to everyday favors. Thank you for staying around while the kinks were worked out. I am so excited for you to take a look around and enjoy the changes.

Making friends is one of those things that the military spouse can never escape. It seems no matter what, as soon as we find our tribe, it's time for one of us to move. But those bonds are so important and make everything worth it. They help keep us sane during the times of insanity. November will feature how we as a military spouse can make real friends.





October was one fun filled month for our family. Our activities included

Pumpkin Patch

Family yoga

Trick or Treat Fun Run

Trunk or Treat

Hocus Pocus Fall Festival

Hotel Transylvania Party

Halloween Bowling Bash



### MILITARY SPOUSE RESOURCES

As military spouses we are known for being "resourceful." But to us we are just "doing what we have to do". Being resourceful is just our "everyday life". I am excited to share the featured posts, centered around resourcefulness the month of November with you.





## MILITARY SPOUSE COMMUNITY

What does community mean to me as spouse?

"NEVER TRULY BENIG ALONE"

Knowing that I am not the first nor the last to be in this phase of my journey. That there is a community of spouses who not only get my struggles but are offering support to help me navigate them.

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